



## About Us

The Multiple Sclerosis and Neuroimmunology Clinic within DHR Health Neuroscience Institute provides comprehensive care led by the only Fellowship-trained Neuroimmunologist in the Rio Grande Valley. Dr. R. Alejandro Cruz provides expertise in diagnosing and treating Multiple Sclerosis (MS), Neuromyelitis Optica Spectrum Disorders (NMOSD), and related diseases of the central nervous system.

Our highly trained team of physicians, therapists, and staff work seamlessly together to develop treatment plans and monitor progress and includes:

- Physical Medicine and Rehabilitation which may include physiatrist, physical therapist, occupational therapist, and speech Pathologist
- Urology including urodynamic evaluation\*\*\*\*
- Ophthalmology and optometry
- Mental health which may include psychiatry and neuropsychological evaluation and counseling.
- Infusion center with access to the latest intravenous disease modifying therapies.

## DHR Health Resources and Related Links

**National Multiple Sclerosis Society.....** <https://www.nationalmssociety.org/Resources-Support>

**Multiple Sclerosis Foundation.....** <https://msfocus.org/>

**Multiple Sclerosis Association of America.....** <https://mymsaa.org/>

**Can Do MS Program.....** <https://www.cando-ms.org/>

**MS Resource List.....** <https://www.everydayhealth.com/multiple-sclerosis/guide/resources/>  
<https://overcomingms.org/resources>

## DHR Health Services

**DHR Health Neuropsychology.....** <https://dhrhealth.com/physicians/eduardo-estevis-phd>

**DHR Health Rehabilitation Hospital (Outpatient Therapy, Aquatic Therapy, Occupational Therapy, Physical Therapy, Speech Pathology).....** <https://dhrhealth.com/services/rehabilitation>

**DHR Health Eye Institute.....** <https://dhrhealth.com/services/eye-institute>

**DHR Urology Institute.....** <https://dhrhealth.com/services/urology>

**DHR Health Behavioral Hospital.....** <https://dhrhealth.com/services/behavioral-health>