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Patient Selection Criteria for Adult Kidney Transplantation

Indications:

- 1. Patient must have a diagnosis of stage IV or V chronic kidney disease (GFR <20 ml/min/1.73m²) or require dialysis. However, patients with GFR <30 may be considered for evaluation as a preemptive treatment option.
- 2. Patient must be medically compliant and capable of following a complex post-operative regimen.
- **3.** Patient must have a Body Mass Index <40kg/m2. However, patients with a BMI >40 kg/m2 will be considered on a case by case basis per medical leadership.
- **4.** Patient has adequate insurance coverage for all aspects of transplant care to include post-transplant medications.
- **5.** Patient has an adequate social support system.
- **6.** Patient and/or parent/legal guardian must have the ability to comprehend risks and benefits of procedure and be able to give informed consent.
- 7. Patient must consent to the administration of blood products if warranted during and/or after the surgical procedure.
- **8.** Patient should be between ages 18-70, patients falling outside of this range will be considered on a case by case basis.

Contraindications:

- 1. Current or recent diagnosis of cancer or infection that would likely worsen after transplant immunosuppression.
- 2. HIV infection
- **3.** Irreversible medical problems such as but not limited to:
 - Severe aorto-iliac vascular disease
 - End Stage Cardiomyopathy (EF<35%)
 - Severe lung disease or advanced Pulmonary Hypertension (RVSP>65mmHg)
 - Significant cognitive or functional deficit
 - Deconditioned and limited functional status
 - Multiple co-morbidities that would impact post-transplant survival
 - Open wounds, especially large, infected, or non-healing ones
 - Ongoing illicit substance use or abuse
 - Inability to adhere to a complex medical regimen
 - Documented continuous overweight patient who is non-compliant to the dietitian's recommendations
- **4.** Any condition or combination of conditions which the Multidisciplinary Selection Committee concludes are high risk to the transplant recipient and/or unlikely to result in a favorable post-transplant outcome.

Relative Contraindications:

- 1. Advanced age (>70 years) alone is not a contraindication to transplantation, but is a relative contraindication in combination with other co-morbidities or in the absence of a living donor.
- 2. Smoking and tobacco usage
- 3. Active complex dental concerns

Revised 02/12/2019 – Patients are evaluated case by case. Criteria above subject to change.